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- CR MEDICAL BOARD #3115 -  
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To My Dear Patients,

Below is a list of medical tests I require each patient to have taken within a month of his or her surgery date. Please scan the results and email them to my patient coordinator Didi Carr Reuben at [trlwd2@gmail.com](mailto:trlwd2@gmail.com). Make sure you include your full name and the date of your surgery. I will not accept any test results from medical tests taken earlier than one month prior to surgery. I prefer tests to be taken as close to the surgery date.

I look forward to meeting you at your consultation.

**Pre-Op Required Tests**

Hemogram (CBC)  
Bleeding studies (PT-PTT)  
Blood Urea  
Creatinin  
Blood Sodium  
Potassium  
Glucose  
Urinalysis  
H.I.V  
Hepatitis C antibodies

\*Please Note: If you are 40 or older, you will need a simple EKG test (in addition to the above-listed blood tests) which any doctor can do with an EKG machine.

## WHAT TO STOP TAKING THREE WEEKS PRIOR TO YOUR SURGERY

- Any drugs containing Aspirin
- Anything containing Vitamin E
- Coumadin or any other blood thinning agent\*\*
- Anti-inflammatories of any kind
- Amica or any homeopathic medication
- Smoking of any sort\*\*\*

**\*\* Coumadin patients please note that you** must consult your physician before going off the drug. It can be extremely dangerous to get off of Coumadin without a doctor's guidance...

**\*\*\*\*** If you are a smoker, Dr. Lev recommends that it is best for you to stop nicotine consumption completely at least one full month prior to surgery. Smoking hampers circulation and circulation is of the utmost importance during the healing process. This point cannot be stressed enough.

**It is always wise to consult your physician when discontinuing any drug you take on a regular basis.**

And always.....when in doubt about ANYTHING AT ALL, please feel free to contact us.



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Dr. Alejandro Lev S

